Tagliatelle alla Bolognese (Tagliatelle with Bologna-style Ragù)

Eataly Magazine (February 01, 2019)



Ragù served over silken egg tagliatelle is one of the signature dishes of Bologna, the food-loving capital city of Emilia-Romagna. In fact, this rich, meaty tomato ragù is so closely associated with Bologna that any dish described as Bolognese will be cloaked in it.

Ragù served over silken egg tagliatelle is one of the signature dishes of Bologna, the food-loving capital city of Emilia-Romagna. In fact, this rich, meaty tomato ragù is so closely associated with Bologna that any dish described as Bolognese will be cloaked in it.

In our recipe, we have given you two options: make your own pasta and ragù following the traditional steps, which typically takes about two hours, or use authentic Emilia-Romagna products to create an authentic dish in half an hour. However you decide to go, we are sure the dish will transport you to the terracotta rooftops of Bologna with each bite.

Tagliatelle alla Bolognese (Tagliatelle with Bologna-style Ragù)Yield: 4 servings

For the pasta:

1 pound egg tagliatelle (use dry or make fresh dough [2]) Grana Padana cheese, for serving Coarse sea salt, for pasta water

For the ragu:

Using a producer's traditional ragu:

1¹/₂ cups of Amerigo Dispensa Ragù alla Bolognese (now 40% off in-store!) Extra virgin olive oil, to taste 1 clove garlic

To make your own sauce

2 tablespoons unsalted butter 2 tablespoons extra virgin olive oil 1 small yellow onion, minced 1 small carrot. minced 1 rib celery, minced 1 tablespoon garlic, minced 4 ounces ground veal 4 ounces ground pork 4 ounces ground beef ¹/₄ cup tomato paste $\frac{1}{4}$ cup white wine ¹/₄ cup chicken or beef stock Fine sea salt, to taste

To prepare the ready-made ragu:

In a large skillet, heat the garlic in a drizzle of extra virgin olive oil. When it becomes fragrant, remove and discard. Add the raqù, and heat over medium until simmering.

To make your own ragu:

In a heavy Dutch oven or large heavy-bottomed pot over medium heat, melt the butter with the olive oil. Add the onion, and cook, stirring frequently, until the onion is translucent, about 5 minutes. Add the carrot, celery, and garlic, and cook, stirring frequently, until softened and fragrant, about 2 minutes more.

Crumble the yeal, pork, and beef into the pot. Season with fine sea salt. Reduce the heat to low and cook, stirring frequently, until the meat has rendered most of its fat and is just beginning to brown, about 5 minutes. Spoon out and discard some of the rendered fat, but leave enough to cover the bottom of the pan. (This will depend on the meat you're using: there may not be an excessive amount of fat.)

Add the wine, and increase the heat to medium. Cook, stirring occasionally, until the wine has evaporated, about 6 minutes.

Decrease the heat to low, add the tomato paste, stir to combine, and cook, stirring frequently, for 20 minutes. Season to taste with salt and pepper. Add the stock and adjust the heat if necessary to reach a gentle simmer. Simmer until the stock has reduced but the sauce is still moist, about 45 minutes longer. Taste the sauce, adjust the seasoning if necessary, and remove from the heat.

To cook the pasta:



Bring a large pot of water to a boil for the pasta. When the water is boiling, salt it with coarse salt and add the pasta. Cook a few minutes less than package instructions if dry or until the pasta rises to the surface if fresh.

When the pasta is cooked, drain it in a colander, preserving a small amount of the cooking water. Transfer immediately to the saucepan, and toss vigorously to combine and allow the pasta to cook a final minute in the sauce. If needed, add a small amount of the cooking water, to loosen the sauce.

Serve immediately with the grated cheese on the side, and dream of Bologna.

Source URL: http://108.61.128.93/magazine/dining-in-out/eataly-magazine/article/tagliatelle-alla-bolognese-tagliatelle-bologna-style

Links

[1] http://108.61.128.93/files/tagliatelleallabolognesejpg

[2] http://www.eataly.com/us_en/magazine/how-to/how-to-make-fresh-pasta-dough/